

FEBRUARY – THE MONTH TO **LOVE** CAMPING

Here is what they **LOVE** about camping in Langley Valley District

I **LOVE** sleeping in a tent.
For some Guiders and Girls,
this may be a new experience.
Teaching the girls new skills and challenging them to apply the new skills, such
as pitching their own tent, and raising an EZ up or hanging a Tarp over their
camp kitchen –it’s such fun to see their reaction after taking on the Challenge
and knowing now “I CAN DO THIS” – you gotta **LOVE** it !!!
And hearing them say “This was the best camp ever!” I just **LOVE** it.

I LOVE my Mummy Sleeping Bag and my fleece pyjamas. I love how my feet stay warm, and how I can get into my bag and I feel warm right away. Fleece is a wonderful material that doesn’t seem to absorb the dampness or feel cold when you’re changing into them. I LOVE being so cozy any time of year, indoors, or out in a tent.

We need to be comfortable to ensure we **LOVE** our time at camp.
One way is to have proper fitting Hiking Boots that keep our feet dry and comfy. A lot of
time at camp involves walking or hiking, and keeping our feet happy will keep us happy.
Once you have your favourite Hiking Boots you do not need to think about your feet
throughout the whole camp. I **LOVE** to hike and explore the campsites and the area
around where we stay.

I **LOVE** getting up early and sitting by the campfire that was burning just
last night, listening to the sounds of the morning and reflecting on all
what has happened at camp, and what is yet to come. I **LOVE** this time
of day.

**Getting to experience new games and adventures like Archery at camp, I just
LOVE to try new things. And I think the girls LOVE this too.**

I **LOVE** to play Predator & Prey. This game can involve so many age levels, and
in some camp settings, you can use so much space to hide as the prey behind
trees, and still watch the Predator search for all her prey. The girls learn so much
about animals in their environment, and how they need each other to survive.
I **LOVE** tracking, looking for animal tracks and signs of the local wildlife.

Everyone LOVES to try new foods and new ways of cooking at camp.

We LOVE Tin Foil Dinners

First, have a good campfire that makes hot coals

Start with a sheet of heavy tin foil $\frac{1}{2}$ m long.

Meat: A thin sliced pork chop or hamburger patty, or small boneless chicken, or even precooked burger.

Vegetables: peeled and cut small, or variety frozen vegetables

Sauce/Gravy: soup - most common Mushroom soup, or any creamed soup

Spices: of your liking - salt, pepper, Mrs. Dash, etc.

Wrap 'post office style'

Wrap with sheet of wet newspaper

Wrap again with tin foil.

Don't forget to mark your own creation with felt pen

Place on coals, turn over every 15 minutes.

Should be cooked in 45-60 minutes....YUM

If campfire not available,
we LOVE to make Pizza on the Road

Tin foil big enough to wrap:

English Muffin

Pizza Sauce

Grated Cheese

Pizza meat slices

veggies chopped small (optional)

Make a pizza with the muffin, both pieces, wrap in foil, then wrap with a piece of waxed burlap, no bigger than your pizza bun wrapped around once.

Find a suitable (safe, non-burnable) place on driveway, road, gravel area, big rock. Light burlap on fire. When burlap has turned to ash, your pizza should be warmed enough to melt the cheese and provide a warm meal.

You will LOVE Pizza on the Road too!

And who doesn't LOVE making marshmallows a perfect golden brown on the outside, and warm and squishy on the inside, made over an open campfire!!! Who cares if all the sugary goodness keeps you up late. That is the only way to eat a marshmallow – at camp, cooked to perfection.

How about a dessert you can LOVE to eat after dinner or lunch.

BANANA BOATS

For One Boat

- 1 Banana
 - 12 Small Marshmallows
 - Chocolate Chips (small handful)
1. Peel back a long strip of banana peel on the inside of the curve, leaving one end attached to the banana
 2. Scoop out some of the banana and fill with marshmallow, chocolate (and raisins if you like)
 3. Replace the strip of peeling and wrap in foil
 4. Bake in the embers (about 15 to 20 minutes) until banana, chocolate and marshmallows are melted and blended.

Now it must be time for Campfire.

I just LOVE when the girls do skits

They can be about things they learned during the day such as 'The right & wrong way to work together as a patrol'; or it can be funny ones, like 'Pebbles'. *A girl comes up to her leader who asks why she's late for dinner. The girl replies "I was throwing pebbles into the creek" 2 or 3 other girls come up one at a time and answer the same thing to the leader. Finally a girl comes who looks wet and when the leader asks why she's late for dinner she replies "I'm Pebbles"*

I LOVE headlamps for reading my songbook at the campfire. A headlamp leaves your hands free yet lets you see the words to unfamiliar songs and help other girls learn too. And then you won't see too many girls aiming their flashlights in your face.

I just LOVE singing Barges and hearing how this song was written by a young girl confined to her bed due to terminal illness, and that she could only see the ships from her window, and the third verse is hummed because she could not finish writing all the words to the whole song.

I Love doing Guides Own at camp and having a reflective time. I enjoy hearing what everyone has to share from their experience at camp. Here is my favourite Guides Own – It's What's Inside that Counts.

It's What's Inside that Counts

Materials needed (per person): small square of fabric, elastic band, small rock, shell and feather.

Hand out square of material (about the size of your palm).

The world we live in is a material world. But it is not the things we buy, or wear or what we look like that counts. It's what is on the inside that matters most.

Hand out the rocks.

The rock represents the earth. In our busy lives, whether at school or work, with our friends, or in our families, we need a solid base to build on. As Guiders and girls, we help to give each other this solid base.

Hand out the shells.

The shell represents the water. All living things need water; all things on land; all things in the air; all things in the water. Through Guiding and in other parts of our lives, we explore the flowing currents of our faith.

Hand out the feathers.

The feathers represent the air. What we do and say can build up or hurt others. Our words are like the wind – you do not see them, but you see their effects.

Now wrap these things inside the material and tie it up with an elastic.

Remember - IT'S WHAT'S INSIDE THAT COUNTS

Langley Valley District LOVES to Camp.
We hope our ideas inspire you to LOVE to Camp as well.